



RETURN TO SPORT
PHYSICAL THERAPY

Patient Name: _____		
Diagnosis: _____		
Precautions: _____ _____		
<input type="checkbox"/> Evaluate and Treat		<input type="checkbox"/> Continue PT
<ul style="list-style-type: none">▪ Strength▪ PROM▪ AAROM▪ AROM▪ Manual Therapy▪ Redcord Therapy▪ US▪ Estim▪ Other: _____		
Frequency		
<input type="checkbox"/> 1-2 X/week	<input type="checkbox"/> 2-3X/week	Other _____
Duration		
<input type="checkbox"/> 4 weeks	<input type="checkbox"/> 6 weeks	<input type="checkbox"/> 8 weeks Other _____
Referring Provider		
Print _____	Date _____	
Signature _____		
Phone Number _____	Fax _____	
<p><i>Return to Sport Physical Therapy, SC</i> 293 Northfield Road, Northfield, IL 60093 Phone: (847) 386-6310 Fax: (224) 255-6756 returntosportpt.com</p>		